



## Hospital Discharge Instructions

Please follow the directions below to assure the complete recovery of your pet. If you have any questions, please call: 972-690-6900.

### A. Procedure: Canine Ovariohysterectomy (Spay)

B. Anesthesia: her leg may have been shaved for accurate administration of the anesthetic and IV fluids intraoperatively. If your pet received general gas anesthesia her airway would have been maintained by intubation. Occasionally a mild cough may be noted for 1-2 days after anesthesia. If the cough gets worse or it persists longer than expected, please call.

### C. Surgical Incision Care:

1. Keep your pet clean and dry until the incision is healed.
2. Expect no discharge and only slight tissue swelling. Please call if you note excessive licking, redness or discharge.
3. Dab hydrogen peroxide to clean the incision area as necessary.
4. Do not allow her to lick or scratch the incision area excessively.
5. Please schedule a recheck appointment in 7-10 days for us to assess healing and remove any external sutures that are present.

### D. Feeding:

Since she had anesthesia today you will need to take things slow tonight. When you get home you should let her settle in for the first hour, then you may offer her small amounts of water every hour for the first few hours. If she keeps this down then you may feed a small meal late this evening (usually 1/3-1/2 of the normal evening meal). It is not unusual for her to not be interested in food this evening, however you should expect a return to eating tomorrow morning.

Please be mindful of the amount of food you feed her in the future as spaying may decrease her metabolic needs as much as 25-30% causing an obese pet if an adjustment is not made. You may have to reduce the amount you feed her by 25-30% to prevent obesity.

### E. Medication:

1. Rimadyl: Give per label directions as needed for pain and inflammation. Given this AM .

### F. Exercise and Activity

No running, jumping, playing, or baths until the incision is healed and any sutures are removed.

### G: Special Instructions:

If you have any questions or concerns after hours you may page us by calling our regular office number 972-690-6900, Press '3' and leave a message. We will be paged and return your call promptly.