



Corrective Bland Diets

If your pet has eaten something that has upset the digestive tract causing **vomiting or diarrhea**, first remove your pet's normal diet and then give your pet **small quantities** of the following foods 2 to 4 times daily. This alone will usually settle the digestive tract.

1. Buttermilk
2. Cottage cheese
3. Hard boiled eggs
4. Cooked rice and lean ground beef
5. Macaroni and cheese: home-made or canned
6. Baby food (non-liver flavors)
7. **Prescription Purina CNM-EN or IAMS Intestinal Formula**

Water should be given in small quantities several times daily. In fact, ice cubes work very well to supply fluids while preventing gulping and subsequent vomiting.

If you do not observe **any response in 24-48 hours**, it would be recommended to make an appointment to have your pet examined. Please examine your pet's vomit or diarrhea and bring a small representative sample in with your pet.

3600 North Star Road, Suite 100
Richardson, TX 75082
972-690-6900