



ANTI-HISTAMINE THERAPY IN THE DOG

Generic	Trade Names	Forms	Dosage (by body weight)					Interval
			Up to 10 lbs	10-20 lbs	20-30 lbs	30-50 lbs	Over 50 lbs	
Chlorpheniramine*	Chlor-Trimeton	4 mg tablet	½ tab	1 tab	2 tab	2 ½ tab	3 tab	2-3X daily
Diphenhydramine*	Benadryl	2.5 mg/ml syrup	1 tsp					2-3X daily
		25 mg cap/tab		1 cap/tab	1 cap/tab	1-2cap/tab	2-3 tab	2-3X daily
Ceterizine*	Zyrtec	10 mg tablet	¼ tab	¼ tab	½ tab	½ tab	1 tab	1 X daily
Loratidine*¥	Claritin	10 mg tablet	¼ tab	¼ tab	½ tab	½ tab	1 tab	2X daily
Clemastine*	Tavist-1	1.34 mg tablet		½ tab	½ -1 tab	1 tab	1-2 tab	2X daily
Hydroxyzine	Atarax	10 mg tablet	1 tab					2-3X daily
		25 mg tablet		1 tab				2-3X daily
		50 mg tablet			1 tab	1-2 tab	2-3 tab	2-3X daily
Amitriptyline	Elavil	10 mg tablet	1 tab	1 tab	1 tab			2X daily
		25 mg tablet				1 tab		2X daily
		50 mg tablet					1 tab	2X daily
Cyproheptadine	Periactin	4 mg tablet	1/2-1 tab	2-3 tab	4-5 tab	6-7 tab	8 tab	2X daily

* = Over-the-counter antihistamines

¥ = Administration concurrently with Ketoconazole can cause increased sedation

It is recommended that you try any particular antihistamine consistently for 5-7 days before you discern whether it is effective or not. If one is not effective then it is worth trying another as long as the itching is minimal and there is not significant redness noted in the skin.